

## Mini-University on Introduction of High-Impact Interventions and Innovative Approaches in Health



**Venue:** Heart Province, Aseman Hotel, First floor, Conference room

**Date:** 29 March 2016

**Time:** 8:30 am\_ 4:00 pm

## Acronyms

Afghan Midwifery Association	AMA
Afghan Nursing Association	ANA
Afghanistan Society of Gynecologist	AFSOG
Afghan National Public Health Association	ANPHA
Afghanistan Private Hospital Association	APHA
Ministry of Public Health	MoPH
Reproductive Health Directorate	RHD

### Executive Summary:

The first mini university on introduction of high-impact interventions and innovative approaches in health was conducted on 29 March 2016 in Herat province. The event organized and led professional associations including AMA and AFSOG in close consultation with MoPH-RHD under technical and financial support of HEMAYAT.

This event was a 1-day forum that can be described as an “academic networking and marketing event.” Participants were often experts in a Sexual Reproductive Maternal and Newborn Child Health (SRMNCH) and they met to informally present and exchanged new ideas. The event offered a variety of different sessions including presentations, round tables, skills sessions and posters, highlighting evidence-based best practices. It focused on practical learning programs targeting medical professionals, students, public health experts, NGOs, professional associations, civil societies, and communities from from Badqis, Ghor, Nimorz and Herat provinces. In addition to gaining access to technical knowledge, participants were also able to engage in networking opportunities with a cross-section of Health professionals.

### Objectives:

- To introduce high-impact RMNCH interventions and related innovative approaches to MoPH partners
- To gain insight into the MoPH partners` perspective and experience on the current barriers to the health services access, demand, and utilization.

### Major accomplishments during this quarter:

- Over 140 people were oriented on High-Impact Interventions and Innovative Approaches in Health
- To distribute the soft copy of all references among the participants

### Objective 4:

- **Strengthen MoPH’s stewardship of family planning, maternal, newborn and child health programs**

- Increased FP/MNCH technical engagement by the MoPH, at national and provincial levels, and NGOs
- Provide Technical and financial support to AMA and AFSOG to conduct mini-universities on RMNCAH issues among stakeholders at regional levels

The first mini university on introduction of high-impact interventions and innovative approaches in health was held on 29 March 2016 in Herat province at Aseman Conference Hall. The event organized and led by MoPH- RHD and professional associations including AMA and AFSOG in close consultation with MoPH-RHD. Over 140 people as representatives of Provincial Health Directorates, BPHS, and EPHS implementing agencies, health care professionals, students, public health experts, Health related NGOs, professional associations including AMA, ANA, AFSOG, ANPHA , and APHA from Ghor, Badqis, Nimroz and Herat participated in the event.

Dr. Ziaodin Matin Jawid from Herat provincial health directorate delivered his welcomed speech. “I can see the different categories of medical professionals together around the tables which is making this event very unique.” he said. The event officially launched by Dr. Ahmad Shakir Hadad head of trainings on RHD- MoPH. In his speech, he highlighted the contributions of HEMAYAT project on introducing high-impact interventions and innovative approaches in to the Health system.

### **Structure:**

The Mini-University hosted a selection of concurrent and plenary sessions with a focus in following areas;

- Advocacy and Marketing for Professional Associations
- Using Information for Technology Development
- High-impact interventions (HIIs) concentrated around “better care on the day of birth
- Gender equity and Increase community Engagement

### **Interactive Presentations:**

The event also designed to provide health care professionals with important concepts and methods to improve quality of services by updating their clinical knowledge and skills according to evidence-based practices. Beside, participants from all four provinces attended this unique forum to share excellence in practice and knowledge, learn about the challenges facing in health system, and enjoy mutual support amongst colleagues. Many have described it as their best experience of learning and

updating their knowledge. Topics included to train participants on the recent evidence based clinical practices, based on national needs.



### **Knowledge Update:**

- Improving the capacity of prevention, detection of PE/E at different Level
- PPH prevention in community and facility levels
- Essential Care for Every Baby including the Routine use of Chlorhexidine gel for cord care
- Essential Care for Every Baby globally and national
- Improving Gender Equity in Afghanistan Health service
- Improving Quality care with the focus on Day of Birth

Respectful Maternity Care & Patient Charter of Rights: Respectful Maternal Care (RMC) is considered to be an essential component of 'quality maternal and newborn health services' and Disrespect and Abuse (D&A) during birth is known to be a significant barrier to increasing facility based births as well as a breach of right- based approaches to care.

Advancing respectful dignified care is a priority for Afghanistan in efforts to increase facility birth and ensure effective implementation of women's rights in health services. In support of this an interactive session on RMC conducted to orient the participants on the concept of RMC and D&A. A total number of 27 participants attended the session including head of hospitals and head of different departments of Herat Regional Hospital. At the end of session there were interesting discussion on integration of RMC into reproductive health system and even going beyond promote it further to respectful care for all.

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- 10 Golden years in Afghanistan Midwifery & challenges to move forward

- MAMA and video library presentation
- ICT and Quality of care survey & Mapping Mobile Network operators and ICT providers
- Capacity Building of midwives through innovative approach (mentorship)
- Exploring perceptions of nurses for career switch in Kabul, Afghanistan: A Qualitative exploratory study
- Nursing in Afghanistan & challenges to move forward
- The importance of family planning to child survival

**Skill demonstrations:**

- Helping Babies Breath
- Routine use of Chlorhexidine gel for cord care
- Uterine Balloon Tamponed to Prevent PHH
- Demonstration of Post- Partum IUCD

**Small Group Discussions for each province:**

The participants divided in four groups to review experiences and propose 2 priority areas to larger plenary. As result the following concerns were highlighted in all groups' discussions;

- There were many concerns regarding the implementation of misoprostol at community level, prior integration of it into BPHS
- Implementation of MAMA messages as innovative approaches will face challenges in community, since the majority of CHW are illiterate and recommendation was to seek other alternative ways rather than MAMA messages
- Fear of miss used of misoprostol in community was another addressed concerns
- The integration of RMC as universal rights in BPHS and EPHS policies was one of the strong recommendation from all groups
- Decentralization of AMA activities from central level to provincial levels was another recommendation which is highlighted



### **Challenges during the event:**

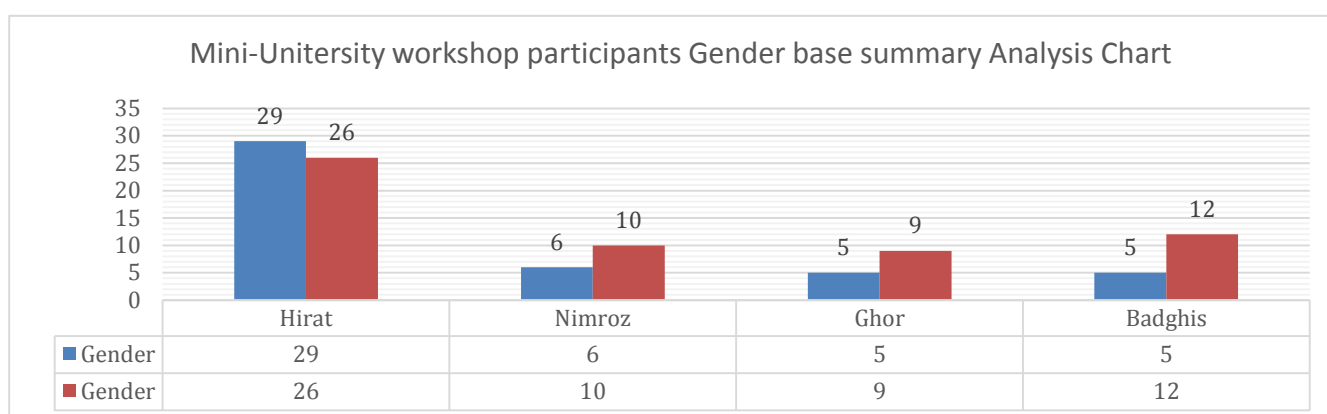
Class rooms were very closed both participants and facilitators were disturbed of noisy environment therefore we need to consider this issue and make classrooms away from each other for the next time

### **Operations related issues (Challenges)**

This is a minor issue which can be easily addressed through enhanced coordination and communication between the Security & Operations Team and technical lead who is responsible for organizing event. We will liaise and discuss the layout of the training hall and the format of the workshop with the technical lead in the future to avoid such issues reoccurring in the future.

### **Participants' Type:**

The participants were invited (AFSOG and AMA from ANA, ANPHA) (APHA from Herat, Badghis, Ghor) and Nemroz Provinces).



### **Workshop Environment:**

The environment of the venue where the workshop was conducted was good in terms of weather condition, accessibility, lighting and wide hall with well-arranged tables, chairs and stage. Furthermore, one of the participant was asked regarding the environment of the venue they expressed their happiness and did not have any objection in this regard. However some participants had objection related lunch quality and sound was echoed at the hall that made difficult to hear the facilitators sound clearly.

### **Participants' Comments and Recommendations:**

A number of participants from (Nemroz, Ghor and Herat) provinces were interviewed aiming to obtain their points of view about the workshop. As a result, they expressed their views as below:

1. The workshop was organized very well.
2. We learned a lot of thing about (ICT4D, Chlorhexidine, PPH, eclampsia, pre-eclampsia)
3. HEMAYAT project has to conduct such workshop for whole student of medical universities in all provinces

4. The allocated time for the workshop was too short it means we had to review everything so rapidly.
5. The workshop started at 10:00 however they invited us at 08:00
6. Some participants brought their children to the workshop hall and they disturbed us to have proper attention to the presentation.
7. Distributed training material and presentation slides were in English. So we would not be able to catch everything.
8. The participants have to be invited in such event those who are working in MNCH from all provinces.
9. Some participants expressed that the rooms for different topics was not clearly described at the early stages of the workshop to attend the rooms based on our interest and related field.

**Observer Recommendation and Comments:**

We found the workshop so useful and beneficial where all participants were agreed and satisfied in term of workshop methodology, materials and environment. Furthermore they actively participated in each class very eagerly.

To improve the quality of workshop at the future, below points are strongly recommended to be considered.

1. The workshop should be started at scheduled time in order to cover all components of the workshop
2. Sound system need to be placed in order to all the participants could hear the facilitators
3. During the workshop, there should be proper scanner, printer and other material in the venue.
4. All facilities such as (toilet should be considered and be cleaned before starting the workshop
5. The participants should consider do not bring their children to the training hall because this disturb the entire participants
6. Some presentations were not translated into local languages and it was difficult for the participants to catch it properly. However it was presented in local language.
7. Some of the participants were invited both (husband and wife) where they were busy to look after their children and did not participated in the workshop actively.
8. The workshop organizer has to consider a specific place to look after the brought children.
9. The security brief has to be given by the security staff for all (Participants and Project staff) before open session about their safety in case of unexpected security threat.
10. We thanks and appreciate the Provincial concerned governmental security personal for their efforts.

**Next steps:**

- Translate the documents into local languages
- Simplify topics for non-medical professionals and to have the same event for community representatives





Khaje Abdullahi Ansari Hall:				
Registration	AMA	8:30_9:00		
Recitation of Holly Quran	AMA	9:00_9:05		
Welcome Speech	Dr. Aminullah Khamosh/ HERAT Acting PHD	9:05_9:10		
Opening Speech	Dr. Zarlisht Obaid/ RHD Representative	9:10_9:15		
Role of HEMAYAT to support MoPH & Mini University in a glance	HEMAYAT Representative	9:15_9:25		
<b>Sessions:</b> 5 minutes to select the sessions				
Abunasr Farabi Room	Zakerya Razi Room	Aboali Sina Balkhi Room	Professor Gazanfar Room	Time
<p>1.Improving the capacity of prevention, detection of PE/E at different Level</p> <p>Dr. Latifa Sadat Reproductive Health Officer PHD- Herat/AFSOG PowerPoint Presentation</p>	<p>1.Essential Care for Every Baby including the Routine use of Chlorhexidine gel for cord care</p> <p>Dr. Zarlisht Obaid NBC senior officer RHD MoPH Poster Presentation</p>	<p>1.Improving Gender Equity in Afghanistan Health service</p> <p>Dr. Farzana Akbari/Nilofar Sultan Gender Director/ Coordinator MoPH / HEMAYAT Poster&amp; PowerPoint Presentation</p>	<p>1. Respectful Maternity Care &amp; Patient Charter of Rights</p> <p>Ms. Feroza Mushtari Midwifery &amp; Nursing Manager HEMAYAT/AMA Poster &amp; Video Presentations</p>	9:30_10:30
<p>2.PPH prevention in community and facility levels</p> <p>Kobra Haidari, Midwifery Officer, HEMAYAT/AMA PowerPoint Presentation</p>	<p>2.Helping Babies Breath</p> <p>Dr. Saboor Wahabzada NBC officer HERAT PHD/MoPH Skill Demonstration &amp; Poster Presentations</p>	<p>2. Improving Quality care with th focus on Day of Birth</p> <p>Dr. Lailoma EB member AFSOG PowerPoint Presentation</p>	<p>2.10 Golden years in Afghanistan Midwifery &amp; challenges to move forward</p> <p>Mrs. Helay Gharshin &amp; Sunita Sharif / EB members AMA PowerPoint Presentation</p>	
<b>Tea Break – Open discussion and Networking</b>				<b>10:30_10:45</b>
I.MAMA and video library	I.Capacity Building of midwives	I.Exploring perceptions of	I.The importance of family	10:45_11:45

<p>presentation</p> <p>Dr. Haroon Rastagar Demand Generation team leader HEMAYAT Poster presentation</p>	<p>through innovative approach (mentorship)</p> <p>Mrs. Zahra Mirzai Mentorship coordinator AMA</p>	<p>nurses for career switch in Kabul, Afghanistan: A Qualitative exploratory study</p> <p>Mr. Tawab Baryalai Member/ ANA PowerPoint presentation</p>	<p>planning to child survival</p> <p>Dr. Qadria Afzal Member ANPHA PowerPoint Presentation</p>	
<p>2.ICT and Quality of care survey &amp; Mapping Mobile Network operators and ICT providers</p> <p>Sayed Omar Alami ICT Demand Generation Technical Specialist HEMAYAT Poster &amp; PowerPoint presentation</p>	<p>2.Uterine Balloon Tamponed to Prevent PHH</p> <p>Mrs. Parween Omerzai Program officer AMA Skill Demonstration</p>	<p>2.Nursing in Afghanistan &amp; challenges to move forward</p> <p>Mrs. Zohra Hashemi Nursing officer HEMAYAT/ANA Roundtable</p>	<p>2.Demonstration of Post- Partum IUCD</p> <p>Dr. Samia Akbrai FP trainer- KIMA Hospital APHA Skills demonstration</p>	
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	Presentations	EB member AFSOG PowerPoint Presentation	AMA PowerPoint Presentation	
<b>Pray and Lunch</b>				<b>12:45_1:45</b>
1.MAMA and video library presentation  Dr. Haroon Rastagar Demand Generation team leader HEMAYAT Poster presentation	1.Capacity Building of midwives through innovative approach (mentorship)  Mrs. Zahra Mirzai Mentorship coordinator AMA	1.Exploring perceptions of nurses for career switch in Kabul, Afghanistan: A Qualitative exploratory study  Mr. Tawab Baryalai Member/ ANA PowerPoint presentation	1.The importance of family planning to child survival  Dr. Qadria Afzal Member ANPHA PowerPoint Presentation	1:45_2:45
2.ICT and Quality of care survey & Mapping Mobile Network operators and ICT providers  Sayed Omar Alami ICT Demand Generation Technical Specialist HEMAYAT Poster & PowerPoint presentation	2.Uterine Balloon Tamponed to Prevent PHH  Mrs. Parween Omerzai Program officer AMA Skill Demonstration	2.Nursing in Afghanistan & challenges to move forward  Mrs. Zohra Hashemi Nursing officer HEMAYAT/ANA Roundtable	2.Demonstration of Post- Partum IUCD  Dr. Samia Akbrai FP trainer- KIMA Hospital APHA Skills demonstration	
<b>Tea Break</b>				<b>2:45_3:00</b>
Small group Discussion for each province to review experiences and propose 2 priority areas to larger plenary		HEMAYAT Provincial Coordinators and AMA officers from Herat, Badghis, Ghor, Nimroz		3:00_3:30
<b>Conclusion &amp; Closing remarks</b>		<b>Dr. Aminullah Khamosh/ HERAT Acting PHD</b>		<b>3:30_4:00</b>